



DirectCarers Limited

Job Description/Person Specification – Care Worker

Job Purpose

Under the supervision of the agency manager or other competent person assists in the safe and efficient delivery of personal, practical and social care to the agency's clients. Observes at all times the code of conduct for social care workers as published by the General Social Care Council.

Key Tasks

1. Care to Clients
2. Support services

Duties and Responsibilities

1	Care to Clients	Sample Occupational Standards
1.1	Assists in the assessment procedures for new clients.	HSC 24
1.2	Reviews and becomes familiar with the <i>Personal Care Plan</i> for the client. Assists clients with: <ul style="list-style-type: none">• personal hygiene requirements;• the management of incontinence;• bathing in bed or bathroom;• care of pressure areas;• looking after skin, teeth, mouth, hair and nails;• positioning and movement of immobile clients.• Medication, where this is covered (together with the type of assistance) in the client's Personal Care Plan	HSC 25 HSC 27 HSC 214 HSC 216 HSC 217 HSC 218 HSC 219 HSC 220 HSC 221 HSC 223 HSC 224 HSC 225 HSC 226
1.3	Provides assistance with toileting, and the cleaning and emptying of commodes.	HSC 229 ENTO W7
1.4	Assists clients with physical activity, as needed, e.g. dressing, undressing, walking, sitting, passive exercises etc.	HSC 233 HSC 236
1.5	Positions clients correctly in bed or in a chair, referring at all times to the risk assessment for guidance in accordance with the agency's manual handling policy.	HSC 239 HSC 242 HSC 243 HSC 244 HSC 246

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- 1.6 Assists clients to eat and drink, as needed, being aware of nutritional needs and cultural requirements; reports any unexpected inability or desire to eat or drink.
- 1.7 Ensures that any significant changes to a client's health and emotional condition are communicated to the agency manager without delay.
- 1.8 Supports the community nurse (or other competent person) in delivering care to a dying client, offering support to relatives and friends.

2 Support Services

- 2.1 Actively participates in the delivery of **support services** as identified in the client's *Personal Care Plan*.

HSC 21
HSC 25
HSC 26
HSC 28
HSC 29
HSC 210
HSC 211
HSC 213
HSC 215
HSC 235

Such duties may include:

- food and drink preparation;
 - laundry, general cleaning and housekeeping duties;
 - participating with the client in social, leisure and recreational activities;
 - talking with clients, and acting as a "companion";
 - accompanying the client on trips out;
 - shopping;
 - assisting the client to manage his/her personal affairs;
 - collecting pension or other benefits;
 - paying bills;
 - helping the client maintain contact with family and friends.
- 2.2 Maintains accurate records in respect of care given, tasks undertaken, monies transacted etc.
 - 2.3 Participates in meetings, reviews etc where the care worker's direct knowledge of the care of the client is an essential element in the process.

This job description aims to provide the applicant or employee with an accurate and concise summary of the job and its main duties and responsibilities. However it is not intended to be restrictive or absolute.

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Key Personal Responsibilities (HSC 24, 21, 227, 228, 234 240)

- Carrying out duties at all times in a manner consistent with the code of conduct issued by the General Social Care Council and which specifically protects and promotes the independence, dignity and respect of the client;
- Protecting the confidentiality of all information relating to a client, or a client's family, and not divulging such information to anyone who is not authorised to receive it;
- Carrying out duties at all times in a courteous, caring and sympathetic manner;
- Carrying out duties at all times in a manner which has appropriate regard to the health, safety and welfare of both themselves and others and reports to the client, agency Manager (or other Competent Person) any equipment that is, or is thought to be, not in good working order;
- Working with, and communicating information about the condition (or change in condition) and welfare of clients to relatives and carers, other agencies and professionals, such as District Nurses, GP's, involved in the care process, in a responsive, timely and appropriate fashion;
- Respecting the beliefs and dignity of the clients and their relatives at all times;
- Being conversant with agency policies, e.g. health and safety, administration of medicines, confidentiality etc;
- Reporting any complaints, accidents, problems or untoward occurrences to a competent person;
- Participation in ongoing staff training, including NVQ in Care, health and safety, manual handling, etc.
- Keeping the Agency informed of any change in circumstances which may impact his/her employment, including any new offences (including motoring offences) for which he/she may have been cautioned, reprimanded or convicted.

Person Specification

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Attribute	Essential	Desirable
Education and Qualifications	Completed secondary education within the normal timeframe	Has 3 passes at GCSE (or equivalent) in any subjects
Work Experience		One year's experience working with others in a team environment, ideally in delivering personal services
Knowledge, Skills and Training	Ability to understand (through oral or written communication) a simple set of instructions, and if necessary, relay to others in the team. Literate, with basic numerical ability If not qualified, commits to participate in an appropriate course of study, e.g. NVQ in Care at level 2	Understanding and application of the normal duties and responsibilities of a Care Worker. Has received training in manual handling, and has started (or completed) a NVQ in Care
Personal Characteristics	Cheerful, outgoing personality, Interested in the care and welfare of others. Able to handle difficult situations with empathy and consideration. Retains confidential information. Team player	

Note on Occupational Standards

This **model has made reference** to a number of National Occupational Standards relating to Health and Social Care, **but deliberately falls short of identifying** all of these that may be relevant. These **occupational standards are reproduced, in full**, as part of this package of materials. This will enable you, the purchaser, to review the standards and identify those which relate to the specifics of your domiciliary care agency and the needs of your care workers.

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